



# NEBRASKA CANCER SPECIALISTS

*the Physicians of Oncology Hematology West*

## **Zolinza®**

**Trade name:** Vorinostat

### **Drug type:**

Zolinza is a targeted therapy.

### **How Zolinza is given:**

- Zolinza is given by mouth. Take Zolinza with food.

### **Side effects of Zolinza:**

#### **Important things to remember about the side effects of Zolinza:**

- Most people do not experience all of the side effects listed.
- Side effects are almost always reversible and will usually go away after treatment is complete.
- There are many options to help minimize or prevent side effects.

#### **The following side effects are common for patients receiving Zolinza:**

- Fatigue
- Diarrhea
- Nausea

#### **These are less common side effects for patients receiving Zolinza:**

- Low red blood cells and platelets
- Altered taste
- Weight loss
- Muscle spasms
- Hair loss
- Dry mouth
- Chills
- Vomiting
- Constipation
- Dizziness
- Swelling in the hands and feet
- Headache
- Itchy skin
- Cough
- Fever

## **When to contact your doctor or health care provider:**

Contact your health care provider ***immediately***, day or night, if you should experience any of the following symptoms:

- Fever of 101° F or higher, chills (possible signs of infection)
- Difficulty breathing, sudden weight gain, swelling, vision changes

The following symptoms require medical attention, but are not emergency situations. Contact your health care provider ***within 24 hours*** of noticing any of the following:

- Nausea (interferes with ability to eat and unrelieved with prescribed medications)
- Vomiting (vomiting more than 4-5 times in a 24-hour period)
- Mouth sores (painful redness, swelling or ulcers)
- Diarrhea (4-6 episodes in a 24-hour period)
- Constipation unrelieved by laxative use
- Any signs of bleeding, including black or tarry stools, or blood in your stools or urine
- Signs of infection such as redness or swelling, pain on swallowing, coughing up mucous, or painful urination
- Swelling of the feet or ankles

**Always inform your health care provider if you experience any unusual symptoms.**