



NEBRASKA CANCER SPECIALISTS

the Physicians of Oncology Hematology West

Vitamin B 12

Generic name: Cyanocobalamin

Drug type: Vitamin B 12 is a vitamin/supplement.

How this drug is given:

- Vitamin B 12 is given as an injection into the muscle or subcutaneous tissue, it can also be given in pill form.

Side effects:

Important things to remember about the side effects of Vitamin B 12:

- Most people do not experience all of the side effects listed.
- Side effects are almost always reversible and will usually go away after treatment is complete.
- There are many options to help minimize or prevent side effects.

The following are possible side effects for patients receiving Vitamin B 12:

- Headache
- Nausea
- Anxiety
- Dizziness
- Nervousness
- Diarrhea
- Itchy skin

When to contact your doctor or health care provider:

Contact your health care provider ***immediately***, day or night, if you should experience any of the following symptoms:

- Fever of 101° F or higher, chills (possible signs of infection)

The following symptoms require medical attention, but are not an emergency. Contact your health care provider **within 24** hours of noticing any of the following:

- Nausea (interferes with ability to eat and unrelieved with prescribed medication)
- Vomiting (vomiting more than 4-5 times in a 24 hour period)
- Diarrhea (4-6 episodes in a 24-hour period)
- Unusual bleeding or bruising
- Black or tarry stool or blood in your stools
- Blood in the urine
- Extreme fatigue (unable to carry on self-care activities)
- Swelling of the feet or ankles/sudden weight gain
- Signs of infection such as redness or swelling, pain on swallowing, coughing up mucous, or painful urination
- Unable to eat or drink for 24 hours or have signs of dehydration: tiredness, thirst, dry mouth, dark and decrease amount of urine, or dizziness

Always inform your health care provider if you experience any unusual symptoms.