



NEBRASKA CANCER SPECIALISTS

the Physicians of Oncology Hematology West

Torisel

Trade names: Temsirolimus

Drug type: Torisel is a targeted therapy/ mTOR inhibitor.

How this drug is given:

- Torisel is given through an infusion into a vein (intravenous, IV).

Side effects:

Important things to remember about the side effects of Torisel:

- Most people do not experience all of the side effects listed.
- Side effects are almost always reversible and will usually go away after treatment is complete.
- There are many options to help minimize or prevent side effects.

The following side effects are common for patients receiving Torisel:

- Weakness
- Fatigue
- Swelling of legs and ankles
- Mouth sores (redness, blistering, peeling or loosening of the skin)
- Decreased appetite
- Nausea

These are less common side effects of patients receiving Torisel:

- Back and muscle pain
- Fever
- Weight loss
- Chest pain
- Chills
- Diarrhea
- Abdominal pain
- Constipation
- Vomiting
- Infections
- Sore throat
- Shortness of breath and cough

When to contact your doctor or health care provider:

Contact your health care provider ***immediately***, day or night, if you should experience any of the following symptoms:

- Fever of 101°F or higher, chills (possible signs of infection)
- Shortness of breath, difficulty breathing
- Bleeding that does not stop after a few minutes

The following symptoms require medical attention, but are not an emergency. Contact your health care provider ***within 24 hours*** of noticing any of the following:

- Nausea (interferes with ability to eat and unrelieved with prescribed medication)
- Vomiting (vomiting more than 4-5 times in a 24 hour period)
- Diarrhea (4-6 episodes in a 24-hour period)
- Unusual bleeding or bruising
- Black or tarry stools, or blood in your stools
- Blood in the urine
- Extreme fatigue (unable to carry on self-care activities)
- Mouth sores (painful redness, swelling or ulcers)
- Unable to eat or drink for 24 hours or have signs of dehydration: tiredness, thirst, dry mouth, dark and decrease amount of urine, or dizziness

Always inform your health care provider if you experience any unusual symptoms.