



# NEBRASKA CANCER SPECIALISTS

*the Physicians of Oncology Hematology West*

## **Femara ®**

**Generic name:** Letrozole

### **Drug type:**

Femara is a hormone therapy. Femara is classified as an aromatase inhibitor.

### **How Femara is given:**

- Femara is a pill, taken by mouth.
- You should take Femara at about the same time each day. You may take Femara with or without food. If you miss a dose, do not take a double dose the next day.
- You should not stop taking Femara without discussing with your physician.

### **Femara side effects:**

Important things to remember about the Femara side effects:

- Most people do not experience all of the side effects listed.
- Side effects are almost always reversible and will usually go away after treatment is complete.
- There are many options to help minimize or prevent side effects.

### **The following are side effects experienced by some patients receiving Femara:**

- Hot flashes
- Bone pain
- Back pain
- Joint pain
- Nausea
- Fatigue
- Shortness of breath
- Coughing

### **When to contact your doctor or health care provider:**

The following symptoms require medical attention, but are not an emergency. Contact your health care provider ***within 24 hours*** of noticing any of the following:

- Nausea (interferes with ability to eat and unrelieved with prescribed medication)
- Extreme fatigue (unable to carry on self-care activities)
- Pain that is unrelieved with prescribed medication

**Always inform your health care provider if you experience any unusual symptoms.**