



NEBRASKA CANCER SPECIALISTS

the Physicians of Oncology Hematology West

Aromasin®

Generic name: Exemestane

Drug type:

Aromasin is a hormone therapy. Aromasin is classified as an aromatase inhibitor.

How Aromasin is given:

- Aromasin is taken by mouth, in tablet form, once a day
- Aromasin should be taken after a meal

Side effects of Aromasin:

Important things to remember about the side effects of Aromasin:

- You will not get all of the side effects mentioned below.
- Side effects are almost always reversible and will usually go away after therapy is complete.
- Side effects are quite manageable. There are many options to minimize or prevent them

The following are side effects experienced by some patients receiving Aromasin:

- Fatigue
- Nausea (mild)
- Hot flashes
- Depression
- Bone pain
- Insomnia
- Anxiety
- Shortness of breath

When to contact your doctor or health care provider:

Contact your health care provider ***immediately***, day or night, if you should experience any of the following symptoms:

- Shortness of breath or difficulty breathing
- Having thoughts or feeling like you may want to harm yourself or others

The following symptoms require medical attention, but are not an emergency. Contact your health care provider ***within 24 hours*** of noticing any of the following:

- Nausea (interferes with ability to eat and unrelieved with prescribed medication)
- Extreme fatigue (unable to carry on self-care activities)
- Depressed (interfering with your ability to carry on your regular activities)

Always inform your health care provider if you experience any unusual symptoms.