



NEBRASKA CANCER SPECIALISTS

the Physicians of Oncology Hematology West

Arimidex ®

Generic name: Anastrozole

Drug type:

Arimidex is a hormone therapy. It is classified as an aromatase inhibitor.

How Arimidex is given:

- Arimidex is taken by mouth, in tablet form, once a day.

Arimidex side effects:

Important things to remember about the Arimidex side effects:

- You will not get all of the side effects mentioned below.
- Side effects are almost always reversible and will usually go away after therapy is complete.
- Side effects are quite manageable. There are many options to minimize or prevent them.

The following are side effects experienced by some patients receiving Arimidex:

- Hot flashes
- Nausea (mild)
- Decreased energy and weakness
- Bone pain
- Cough

When to contact your doctor or health care provider:

The following symptoms require medical attention, but are not emergency situations. Contact your health care provider ***within 24 hours*** of noticing any of the following:

- Nausea that interferes with eating
- Fatigue (unable to perform self care activities)

Always inform your health care provider if you experience any unusual symptoms.